



## Earn your credits by mail

### Credits by Mail:

Check the courses you want to take from the list on the right. Add up the number of credits you ordered, then add up the price. The cost per credit is just \$19.50. Mail, fax or phone your order to the Optical Training Institute. When your order is received, we'll mail you a workbook for each course you select, a set of questions, and an answer sheet. Mail or fax us your completed answer sheets to be graded, and with a score of 80% or higher, we will mail you your ABO-NCLE continuing education certificates.

### Credits Online:

Earning your credits online is simple and economical. Just log on to [www.opticaltraining.com](http://www.opticaltraining.com) and click the "Continuing Education" link from the home page of the site and follow the prompts to begin earning your CECs online.

### Personal Live Support:

When only a human response will do, the Optical Training Institute and [opticaltraining.com](http://opticaltraining.com) deliver with total support, both on the phone and via email.

Name: \_\_\_\_\_

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| ✓ | ABO APPROVED COURSES  | ABO Type         | Course Expiration Date | # of Credits |
|---|---|------------------|------------------------|--------------|
|   | Glaucoma: Causes, Treatments and Care                       | Tech/Oph Level 2 | 2/19/23                | 2            |
|   | It's a Frame Up   | Tech/Oph Level 1 | 7/13/22                | 2            |
|   | Nutrition and the Eyes                                      | Tech/Oph Level 2 | 1/24/23                | 2            |
|   | This Used to be a Closet: In-house labs                     | Tech/Oph Level 2 | 4/17/23                | 2            |
|   | What, Why and How of Frame Adjustments                      | General/Non-Oph  | 7/16/22                | 2            |
|   | Advanced Opticianry and Optical Formulas                    | Tech/Oph Level 3 | 7/3/22                 | 2            |
|   | CVS Sources and Solutions                                   | Tech/Oph Level 2 | 7/20/23                | 2            |
|   | Diabetes and the Eye  | Tech/Oph Level 2 | 10/9/21                | 2            |
|   | Everything Old Is New Again - Lens Treatments               | Tech/Oph Level 2 | 5/31/23                | 2            |
|   | It's a Team Sport - Optimal Office Flow                     | General/Non-Oph  | 1/22/22                | 2            |
|   | Little Things, Big Profits: Add-ons and Accessories         | General/Non-Oph  | 10/30/22               | 2            |
|   | Progressive and Advanced Design Multifocal Lenses           | Tech/Oph Level 2 | 7/3/23                 | 2            |
|   | Sports and Safety   | Tech/Oph Level 2 | 9/9/22                 | 2            |
|   | What Blue Can Do: Harm or Help?                             | Tech/Oph Level 1 | 9/9/21                 | 2            |
|   | What opticians need to know about ophthalmology             | Tech/Oph Level 2 | 3/29/22                | 2            |
|   | Dry Eye Syndrome  | General/Non-Oph  | 9/9/22                 | 2            |
|   | Intro to Low Vision Part 1                                  | Tech/Oph Level 2 | 12/28/22               | 2            |
|   | Intro to Low Vision Part 2                                  | Tech/Oph Level 2 | 12/28/22               | 1            |
|   | Digital Systems - Not Best for All                          | Tech/Oph Level 1 | 3/7/21                 | 2            |
|   | Function vs. Fashion  | Tech/Oph Level 2 | 4/17/23                | 2            |
|   | Final Inspection and Delivery                               | General/Non-Oph  | 3/29/22                | 2            |
|   | Troubleshooting the Demanding Patient                       | Tech/Oph Level 2 | 7/24/23                | 2            |
|   | Dispensing to Children                                      | Tech/Oph Level 2 | 12/5/21                | 2            |
|   | Rx Sunwear / Rimless Eyewear                                | Tech/Oph Level 2 | 5/31/23                | 2            |
|   | Anatomy & Refractive States of the Eye                      | Tech/Oph Level 1 | 5/31/23                | 2            |
|   | Dispensing to Seniors                                       | Tech/Oph Level 2 | 1/6/22                 | 2            |
|   | Aspheric Lenses   | Tech/Oph Level 2 | 8/20/21                | 2            |
|   | Instrumentation/Regulations & Standards                     | Tech/Oph Level 1 | 11/15/21               | 2            |
|   | Industrial Safety Eyewear Part 1                            | Tech/Oph Level 2 | 7/12/23                | 2            |
|   | Industrial Safety Eyewear Part 2                            | Tech/Oph Level 2 | 7/12/23                | 1            |
| ✓ | NCLE APPROVED COURSES                                       | ABO Type         | Course Expiration Date | # of Credits |
|   | Anatomical Structures and Soft Contact Lenses               | Tech/Oph Level 2 | 3/19/23                | 2            |
|   | Soft Contact Lenses: Best Practices                         | Tech/Oph Level 1 | 2/27/23                | 2            |
|   | When to Say No to Contact Lenses                            | Tech/Oph Level 2 | 9/9/22                 | 2            |
|   | Astigmatism and Contact Lenses                              | Tech/Oph Level 1 | 1/22/22                | 2            |
|   | Contact Lenses for Children                                 | Tech/Oph Level 2 | 3/15/22                | 2            |
|   | All About SiHy  | Tech/Oph Level 2 | 4/3/23                 | 2            |
|   | The Signs Point to a Change                                 | Tech/Oph Level 2 | 11/20/22               | 2            |
|   | Therapeutic and Bandage Contact Lenses                      | Tech/Oph Level 3 | 8/17/22                | 2            |
|   | Bringing Generations into Focus - Multifocal Contact Lenses | Tech/Oph Level 2 | 5/31/23                | 2            |
|   | Soft Contact Lens Care & Patient Education                  | Tech/Oph Level 1 | 6/15/23                | 2            |
|   | The Contact Lens Dispensary                                 | Tech/Oph Level 2 | 12/31/22               | 2            |
|   | The Technology of Contact Lenses                            | Tech/Oph Level 2 | 10/23/20               | 2            |
|   | Contact Lens Patient Selection                              | Tech/Oph Level 2 | 8/15/22                | 2            |
|   | Orthokeratology   | Tech/Oph Level 2 | 6/23/20                | 2            |
|   | Soft Lens Problem Solving-Clinical Issues                   | Tech/Oph Level 2 | 3/15/22                | 2            |
|   | GP Lens Care and Patient Education                          | Tech/Oph Level 1 | 6/15/23                | 2            |

Total Number  
of Credits = \_\_\_\_\_ x \$19.50 per credit = \_\_\_\_\_

Add Shipping = \$9.00

Total = \_\_\_\_\_

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